

 Pravijo, da je gripa stanje oz. simptom toksi?nosti telesa, lahko re?emo tudi acidoze (zakisanosti) telesa zaradi napa?nega ivljenjskega sloga (nepravilna prehrana, premalo gibanja...). Virusi, s katerimi se organizem med tem grozljivim stanjem soo?a, so plod telesa oz. celic samih in so ustvarjeni z namenom, da se te strupe ?imbolj uspe?no izlo?i, tudi kontrolira nivo bakterij in drugih patogenov, komunicira med celicami pri njihovi obnovi in delovanju... in s tem ?imprej vzpostavi homeostazo (ravnovesje v telesu).

- da virusi nimajo metabolizma, kar pomeni, da se ne razmno?ujejo, ampak nastajajo pri razli?nih biokemi?nih in fiziolo?kih procesih v telesu samem. Vse to razlagajo strokovnjaki s podro?ja mikrobiologije, drugih podro?ij, kot tudi strokovnjaki iz medicinskih vrst. Da sam proces razstrupljanja dodatno lahko spro?ijo tudi zunanji dejavniki kot so: zunanja temperatura ozra?ja, onesna?enje zraka in vode, pomanjkanje sonca, gibanja in pretiran stres. Poudariti je potrebno tudi, da so elektromagnetna sevanja dolo?enih frekvenc in seveda toksi?na cepiva polna vseh ?udes, tudi lahko mo?an spro?ilec.

- da proces povi?ane temperature je pri tem pomemben (potreben) faktor, saj le-ta pomaga pri potenju (izlo?anju) in raztapljanju toksinov. Potrebno je vedeti, da organizem za hidriranje potrebuje alkalno teko?ino, s tem se sluz, polna odpadnih snovi la?je izlo?a skozi sluznice. Z zadostno koli?ino alkalnih teko?in telo ne dehidrira in hkrati povi?ano temperaturo dr?i pod kontrolo.

- da hidracijo in alkalnost telesu ne zagotovimo z mesno juhico ali mle?nim ri?em" (kar stre?ejo v bolni?nicah) in z raznimi umetnimi substancami, ampak s takoj?njim u?ivanjem zadostne koli?ine sve?e pripravljenih naravnih sadnih in zelenjavnih sokov in seveda ive rastlinske hrane, kar v na?em telesu spro?a bazi?no reakcijo in s tem nevtraliziranje kislin. To tudi telo oskrbi z energijo, prepotrebnimi vitamini, minerali in drugimi mikro in makro hranili.

font-variant-caps: normal; font-weight: 400; letter-spacing: normal; orphans: 2; text-align: start; text-indent: 0px; text-transform: none; widows: 2; word-spacing: 0px; -webkit-text-stroke-width: 0px; text-decoration-style: initial; text-decoration-color: initial; margin: 0px; padding: 0px; border: 0px; background: #f9f9f9; color: #030303; font-family: Roboto, Arial, sans-serif; font-size: 14px; white-space: pre-wrap;">- da je sam proces izlo?anja skozi respiratorne poti lahko mo?no nadle?en in bole?, vendar ?al nujen pri vzpostavitvi homeostaze telesa. ?e se ta proces na kakr?enkoli na?in prekine, se vse to naslednji? manifestira mo?neje. da prehladna obolenja, gripe... primarno niso patolo?ka stanja, ampak posledic?na stanja ?i?enja telesa in le nakazujejo, da organizem ?eli pre?iveti. Seveda mo?no toksic?en, iz?rpan in po?kodovan organizem pri tem predvsem zaradi napa?ne oskrbe lahko tudi podle?e.

Nekaj videov za osve?anje:

Zakaj na?e telo izdeluje viruse:

[http://www.youtube.com/watch?v=G6M1tmGmtLo](https://www.youtube.com/watch?v=G6M1tmGmtLo)

<https://www.youtube.com/watch?v=G6M1tmGmtLo&t=151s>

<https://www.youtube.com/watch?v=G6M1tmGmtLo>

white-space: pre-wrap;">Cepiva so pravi vzrok sezonskih grip

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white-space: pre-wrap;">Pleomorfizem v ?love◆kem telesu</span></p> <p style="text-align: center;"><span style="font-style: normal; font-variant-ligatures: normal; font-variant-caps: normal; font-weight: 400; letter-spacing: normal; orphans: 2; text-align: start; text-indent: 0px; text-transform: none; widows: 2; word-spacing: 0px; -webkit-text-stroke-width: 0px; text-decoration-style: initial; text-decoration-color: initial; margin: 0px; padding: 0px; border: 0px; background: #f9f9f9; color: #030303; font-family: Roboto, Arial, sans-serif; font-size: 14px; white-space: pre-wrap;">http://www.youtube.com/watch?v=I5KNSOtyugA </span></p> <p style="text-align: center;"><a href="https://www.youtube.com/watch?v=I5KNSOtyugA"><span style="font-style: normal; font-variant-ligatures: normal; font-variant-caps: normal; font-weight: 400; letter-spacing: normal; orphans: 2; text-align: start; text-indent: 0px; text-transform: none; widows: 2; word-spacing: 0px; -webkit-text-stroke-width: 0px; text-decoration-style: initial; text-decoration-color: initial; margin: 0px; padding: 0px; border: 0px; background: #f9f9f9; color: #030303; font-family: Roboto, Arial, sans-serif; font-size: 14px; white-space: pre-wrap;"><span style="font-style: normal; font-variant-ligatures: normal; font-variant-caps: normal; font-weight: 400; letter-spacing: normal; orphans: 2; text-align: start; text-indent: 0px; text-transform: none; widows: 2; word-spacing: 0px; -webkit-text-stroke-width: 0px; text-decoration-style: initial; text-decoration-color: initial; margin: 0px; padding: 0px; border: 0px; background: #f9f9f9; color: #030303; font-family: Roboto, Arial, sans-serif; font-size: 14px; white-space: pre-wrap;">https://www.youtube.com/watch?v=I5KNSOtyugA </span></span></a></p> <p style="text-align: justify;"><span style="font-style: normal; font-variant-ligatures: normal; font-variant-caps: normal; font-weight: 400; letter-spacing: normal; orphans: 2; text-align: start; text-indent: 0px; text-transform: none; widows: 2; word-spacing: 0px; -webkit-text-stroke-width: 0px; text-decoration-style: initial; text-decoration-color: initial; margin: 0px; padding: 0px; border: 0px; background: #f9f9f9; color: #030303; font-family: Roboto, Arial, sans-serif; font-size: 14px; white-space: pre-wrap;"><span style="font-style: normal; font-variant-ligatures: normal; font-variant-caps: normal; font-weight: 400; letter-spacing: normal; orphans: 2; text-align: start; text-indent: 0px; text-transform: none; widows: 2; word-spacing: 0px; -webkit-text-stroke-width: 0px; text-decoration-style: initial; text-decoration-color: initial; margin: 0px; padding: 0px; border: 0px; background: #f9f9f9; color: #030303; font-family: Roboto, Arial, sans-serif; font-size: 14px; white-space: pre-wrap;">lvo Kova?</span></span></p>